

# NCPD PROGRESSION

## HIGHLIGHTS

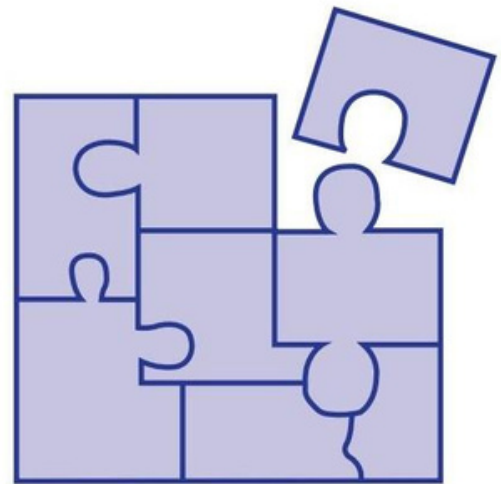
Trinidad and Tobago  
Independence Ball  
Committee  
Donation to NCPD

Disability Awareness

Exceptionalities  
Awareness Open  
Day

Disability Etiquette

Upcoming Events



**NATIONAL CENTRE  
FOR PERSONS  
WITH DISABILITIES**

### Our Vision

A country in which every PWD enjoys equal access to the rights, privileges and opportunities afforded to all citizens

### Our Mission

To be the leading organization that is renowned for educating and training PWDs to contribute to a disability inclusive society.

# The Trinidad and Tobago Independence Ball Committee makes a donation to

# NCPD

On November 11 2022, NCPD's Patron Mr Anthony Aquinas Carmona made a courtesy call to the Centre to receive a donation of \$1,000.00 USD. This donation was received from the Treasurer, Ms Vinessa Edwards, of the Trinidad and Tobago Independence Ball Committee Inc. that is located in Florida, USA. NCPD express our gratitude and thanks for the donations which is the start of building our relationship with this diaspora.



In the picture, from left to right, are: Mr Anthony Aquinas Carmona, Ms Vinessa Edwards, and Mr Stephen Creese.

# Disability Awareness

## National Epilepsy Awareness Month

November is recognized as National Epilepsy Awareness Month to bring raise awareness and educate the public.

### What is Epilepsy?

Epilepsy is a common neurological disorder that affects the central nervous system. Persons with this condition experience seizures due to the brain's overactive electrical signals misfiring. This leads to the disruption of the brain's normal activity, therefore, resulting in nerve cells having a temporary communication problem.

### How to help someone having a seizure?

According to the Seizure Awareness Foundation of Trinidad and Tobago (SAFTT), one should remember the acronym "A.C.T.I.O.N." and put them in the recovery position.



See next page for further details



## How can I help someone having a seizure?

Remember

# ACTION

Do not panic!

## A

### ssess

- Assess the situation
- Move away from any danger or potential harm

## C

### ushion

- Cushion their head- to prevent head injury

## T

### ime

- Check the time
- If jerking lasts > 5 minutes call an ambulance (811)

## I

### dentify

- Look for medical bracelet or ID card
- It will give you advice

## O

### ver

- Once the shaking/jerking is over, turn the person on their left side in the recovery position
- Stay with them and reassure them

## N

### ever

- Never restrain the person or attempt to put anything into their mouths during a seizure.
- Do not try to give them food or drink

## Steps to Recovery position

1



Lay the victim on their back and place the left hand next to their head

2



Place the right hand on the left cheek

3



Hold the right shoulder and right leg and pull the body towards you, rolling the patient onto their left side.

4



Rest the patient as shown, and move the head backward slightly

# HOW TO PARTICIPATE



## USE YOUR VOICE TO EDUCATE AND BUILD COMMUNITY AWARENESS

- Participate in events hosted by organizations focusing on Epilepsy
- Educate and raise awareness on your Social Media Platforms
- Wear the colour purple
- Post a seizure first aid poster at work or school
- Learn seizure first aid training



2.

## DONATE

- Donate to help organizations focusing on Epilepsy. Some notable organizations are:
- The Seizure Awareness Foundation of Trinidad and Tobago
- The Seizure Support Network





# Exceptionalities Awareness Open Day

On Thursday 17th November 2022, the School of Education at the University of the West Indies hosted an Exceptionalities Awareness Open Day. According to the university, this open day was held to support greater inclusiveness of all persons with exceptionalities.

Focus was placed on PWDs at the event as graduate students collaborated with NGOs and PWDs to share information and raise awareness. NCPD in particular was kindly approached by graduate students to collaborate and participate.



Through this collaboration, information was shared on physical disabilities, their challenges and the success story of PWDs who overcame these challenges. Our very own health and safety officer, Mr Surindra Basdeo, represented NCPD and told his story of how he overcome challenges faced by his disability.

# DISABILITY ETIQUETTE

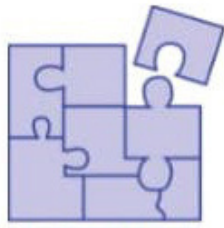
When interacting with persons that have a speech disability:

- Wait for them to finish their sentence, and then calmly continue.
- If you have trouble understanding what they are saying, ask them to repeat.





# UPCOMING EVENTS



NATIONAL CENTRE  
FOR PERSONS  
WITH DISABILITIES

# Bazaar & Family Day

FUNDRAISER

Saturday 3rd Dec 2022

1- 5pm

7-21 New Street San Fernando



TICKETS AVAILABLE

**\$25**

KIDS UNDER 5YRS FREE

GAMES & ACTIVITIES

FOOD & DRINKS ON SALE

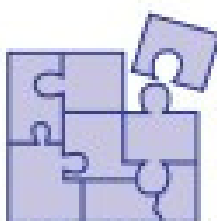
CHRISTMAS VILLAGE

MUSIC & ENTERTAINMENT

PRIZES TO BE WON!

For More Info: 652-4880

[ncpd.trinidad@gmail.com](mailto:ncpd.trinidad@gmail.com)



NATIONAL CENTRE  
FOR PERSONS  
WITH DISABILITIES



## Updated fees on membership types:

**Ordinary: \$100**

Covers both parents & immediate family of an NCPD student  
(\$100.00 annually)

**PWD  
Membership: \$80.00**

**Lifetime: \$400**  
(one-off)

### Corporate

For Business/Government entities

**\$400** (Annually)

(All members of the organization/company included)

### BENEFITS:

5% Discount on Goods and Services • Deposit-free Rental of Disability Aids  
Other benefits as may be identified by the Board of Directors from time to time.

Membership form: <https://bit.ly/3LBIMp4>

Payment can be made to Republic Bank AC# 940801570601 • National Centre for Persons with Disabilities

Send e-receipt to [ncpdtrinidad@gmail.com](mailto:ncpdtrinidad@gmail.com)

7-21 New Street, San Fernando, Rep. of Trinidad and Tobago, W.I.

Tel./Fax: (868) 652-4880, 657-3525

E-mail: [ncpdtrinidad@gmail.com](mailto:ncpdtrinidad@gmail.com) • Website: <https://ncpd.charity.tt/>



## 2. JEWELLERY BOXES



## 1. TEA BOXES

## 3. COASTERS



## 4. NAPKIN HOLDERS

Items can be found at the following stores:

- Bright Ideas Design Centre Limited
  - Marabella, Gulf City Mall and Princes Town
- Bel-Air Store Limited
  - Marabella
- Better Value Limited
  - San Fernando
- Southern Food Basket Market Place
  - San Fernando
- JTA Supermarkets Ltd.
  - Marabella
- S&B Exclusive Variety Store
  - Marabella
- TB Marketing Limited
  - Couva

# CONTACT US



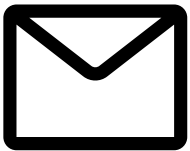
**Address:**

**7-21 New Street San Fernando, Trinidad, W.I.**



**Tel./Fax:**

**1(868)652-4880 (Whatsapp)**



**E-mail:**

**ncpdtrinidad@gmail.com**



**Website:**

**<https://ncpd.charity.tt/>**



**Facebook:**

**<https://www.facebook.com/NCPDTrinidad>**

**SCAN ME!**

